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Dated 20.00 2019

To
The President
All Chemist Associations of Delhi

CIRCULAR

Subject: Advisory for regulating the sale of anti-microbial category of drugs to prevent the antimicrobial drug resistance

As per the Delhi Declaration on Anti-microbial Resistance dated 19 April, 2017, Govt. of NCT of Delhi has constituted a Technical Committee to formulate the State action plan / guidance document to deal with the rising antimicrobial resistance (AMR) in the state of Delhi.

Today, majority of bacterial infection in the India and throughout the world are becoming resistant to antimicrobial drugs. The rational use of antimicrobial drugs is the key to control the spread of resistance. A chemist can play an important role for containment of antimicrobial resistance (AMR) by compliance of relavant provisions of Drugs and Cosmetics Act and Rules made thereunder.

In this context, you are hereby informed to sensitize your members to follow the below mentioned advisory:

- 1. Proper storage of drugs: Drugs including antimicrobial agents should be stored at the prescribed labelled conditions to maintain the quality of drugs, as a decrease in potency of antimicrobial drugs due to improper storage may lead to antimicrobial resistance.
- 2. Sale of drugs in accordance with prescription: Drugs including antimicrobial agents should strictly be dispensed in accordance with prescription as prescribed by Registered Medical Practitioner to avoid emergence of resistance due to over/under use of antimicrobial agents by patients. Patients should also be counselled regarding the same. Self medication should be avoided.
- 3. Strict compliance of Rule 65(11) of Drugs & Cosmetics Rules, 1945 to avoid multi-dispensing of prescription: A prescription of Registered Medical Practitioner should never be dispensed more than once unless stated therein. An advisory dated 11.07.2017 has already been issued to stamp the dispensed prescription of RMP in view of mandatory requirement of Rule 65(11) of Drugs & Cosmetics Rules, 1945.

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- 4. Strict compliance to avoid substitution of prescribed antimicrobial drug: The drug including antimicrobial agent prescribed by Registered Medical Practitioner should never be substituted with another drug in view of mandatory requirement of Rule 11(A) of Drugs & Cosmetics Rules, 1945.
- 5. Sale of Drugs under the supervision of Registered Pharmacist: Drugs supplied on prescription of Registered Medical Practitioners, including antimicrobial agents, should only be dispensed under the supervision of Registered Pharmacist of the firm as per the provision of Rule 65(2) of Drugs & Cosmetics Rules, 1945. Registered Pharmacist should also educate the general public about the potential for abuse of antimicrobial medications
- 6. Monitoring of sale of Schedule H1 drugs including antimicrobial drugs: All the firms are required to comply with the provision of Rule 65(3) & 65 (4) of Drugs & Cosmetics Rules, 1945 for maintenance of records for sale and purchase of drugs.
- 7. Compliance for Government notification No. Z-28015/2/2012-TB dated 16 March, 2018 for monitoring of sale of anti-TB drugs: All the firms are required to maintain the separate sale record for sale of anti-tubercular drugs as per prescribed format (copy enclosed) & should retain the copy of prescription and should furnish the same either electronically or in hard copy to Nodal Officer of district or any officer authorized by Nodal Officer.
- **8.** SOP/mechanism for safe disposal of unused/expired drugs: All the firms are required to develop and follow a standard procedure/mechanism for safe disposal of unused/expired drugs, including antimicrobial agents, as unsupervised disposal of antimicrobial agents may also contribute towards AMR.
- 9. Education and training of chemists through Chemist Associations: The chemists should be regularly educated and trained through Chemist Associations for compliance of relevant provisions of Drugs & Cosmetics Rules 1945, including rational and appropriate dispensing of antimicrobials.

You are requested to bring the contents of this circular to the knowledge of your members and other chemists to contribute towards containment of antimicrobial resistance (AMR).

(A. K. Nasa) Head of Office/ Controlling Authority/ Dy. Drugs Controller